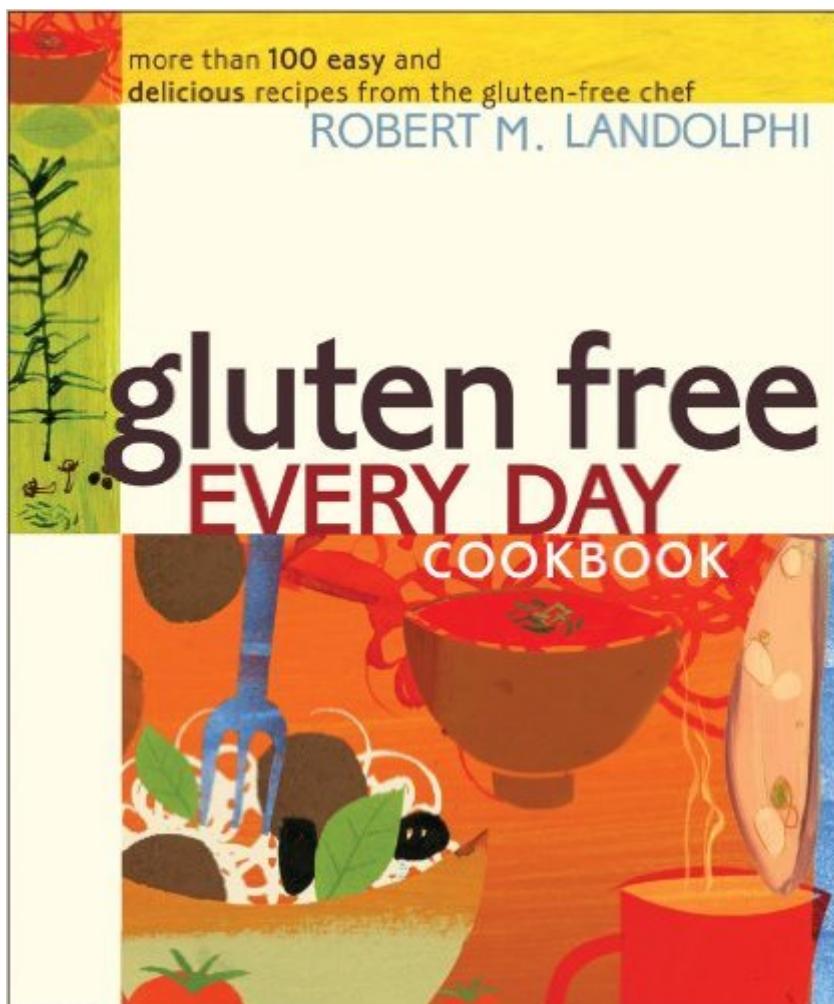


The book was found

# Gluten Free Every Day Cookbook: More Than 100 Easy And Delicious Recipes From The Gluten-Free Chef



## Synopsis

Gluten free doesn't have to mean taste free, and chef Robert Landolphi proves it with his new work, *Gluten Free Every Day Cookbook*. Landolphi is the up and coming gluten-free cookbook author. His dishes aren't just delicious, they're also quick and easy, and take living without wheat from endurable to enjoyable. It's lots of flavor without the fuss. This cookbook includes more than 100 recipes for contemporary dishes ranging from main courses and sides, to soups and chowders, biscuits and muffins, pies and puddings, and cookies and sweetbars.\* *Gluten Free Every Day Cookbook* is one of only a few gluten-free cookbooks written and developed by a professional chef.\* This cookbook provides a fresh and progressive voice for gluten-free living.

## Book Information

Paperback: 184 pages

Publisher: Andrews McMeel Publishing; 1 edition (April 21, 2009)

Language: English

ISBN-10: 0740778137

ISBN-13: 978-0740778131

Product Dimensions: 7.5 x 0.6 x 9 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ  See all reviewsÂ  (71 customer reviews)

Best Sellers Rank: #458,944 in Books (See Top 100 in Books) #104 inÂ  Books > Health, Fitness & Dieting > Nutrition > Food Allergies #516 inÂ  Books > Cookbooks, Food & Wine > Special Diet > Low Fat #695 inÂ  Books > Cookbooks, Food & Wine > Special Diet > Allergies

## Customer Reviews

I was recently diagnosed with Celiac disease and needed a good "every day" cookbook. I followed the reviews here, and I was not led astray. This is by far one of the best cookbooks I have ever owned! My husband (who is not GF) and I have been very impressed with every recipe we've made from this cookbook. The recipes are easy, the ingredients aren't hard to find (which is a big plus if you live in the boonies like we do), and the food you will make is far better than non-GF food (really!). I highly recommend it!

This book contains a lot of sections for foods that are normally pretty gluten-free. The hardest part about gluten-free is baking; not so much main dishes, soups, etc. Although the recipes look very tasty, and the author has given a lot of good information about flours, etc., most of the recipes I

browsed through are much more complex than I would cook every day. With regard to the baked goods, many of the recipes contain four or five different types of flour in one item. Not only are some of these flours hard to come by (please don't tell me to find them at Whole Foods; my nearest Whole Foods Market is 300 miles away), but the list of ingredients is just too extensive to make them practical. If you are collecting several volumes of gluten-free cookbooks, this would be a nice one to have for fancier cooking, but if you want a more practical collection, keep looking. I am.

I bought this book because of an interest in gluten free eating, but this cookbook is great for even those not following a G-free diet. I find the recipes all very interesting and delicious. I made the "Coffee-Encrusted Beef Tenderloin with Port Wine Sauce" for dinner last night, and I only wish there was some left - it was amazing! I'm making the "Hazelnut-Encrusted Salmon with Cilantro-Lime Creme" tonight. I can see myself using this book frequently. The Gluten-Free Basics section at the beginning helps with understanding how to cook G-free. It seems this book will make this transition to a G-free diet very easy. I highly recommend this book! Gluten Free Every Day Cookbook: More than 100 Easy and Delicious Recipes from the Gluten-Free Chef

No. 1: This is one of the few gluten free cookbooks written by a certified chef. No. 2: Everything is superb! No. 3: I can now make biscuits better than I could when I was on a gluten diet. No. 4: A nutritionist was involved in its creation. No. 5: It teaches you how to cook whether it is gluten free or not. No. 6: It teaches you about the gluten free ingredients and its purposes. What an easy decision. Buy this book! It has great recipes. I can't wait to try the pizza dough recipe! I've been sharing this book on my blog and with my over 3400 Facebook fans and they love it, too! UPDATE 3/18/2011: Just heard about your upcoming cookbook, "Quick Fix Gluten Free". Can't wait!

I had overheard a few people discussing this book and decided to buy a copy for myself to try. I have one relative with Celiac Disease and thought this book would be great for holidays or just when the family gets together. At our most recent family gathering my family members raved about the Maple Glazed Pork Tenderloin Recipe! The recipe directions are to the point and very easy to understand. I look forward to trying every recipe in this book!

I had been searching for a new cookbook recently, which can be challenging if you can't eat gluten. My friend gave me a copy (actually signed by the author) and was immediately excited about finding lots of easy to follow recipes that contain many ingredients that are easily accessed as well. It also

contains many simple tips about special food prep and cooking ideas that can take your recipe over the top. Although, the only meat that I eat is select fish, the meat oriented recipes can be replaced with meatless sources too. Lots of cool dessert recipes that even the most discerning gluten eater would enjoy!

I ordered this book in an attempt to try my 6 year old son on a gluten free diet. Eliminating gluten from his diet has helped him to calm down in school and he has become less "angry" which I believe was a side effect of gluten in his diet. This book has a lot of basic information about gluten free ingredients. I especially appreciated the descriptions of many non-wheat based flours. This cookbook has excellent recipes including one for flaky biscuits and awesome chocolate chip cookies. It's a great book to start or add to a more healthy living cookbook collection.

I've tried out a dozen of the recipes in the book so far - and all have been winners! The real proof can be found in the fact my father (a picky eater through and through) happily eats at my house when these recipes are on the table. Straight forward, easy to follow, but a different take on each recipe. And the romantic in me can't help but be touched that a chef would go gluten free and work so hard just to make sure his wife got tasty food!

[Download to continue reading...](#)

Gluten Free Every Day Cookbook: More than 100 Easy and Delicious Recipes from the Gluten-Free Chef  
Gluten Free: Gluten-Free Baking Cookbook: Delicious and Healthy, 100% Gluten-Free Cake & Bake Recipes You Will Love (Gluten Free Diet Cookbook, Gluten Intolerance Book 2)  
Gluten Free: Vegan Cookbook: Nutritious and Delicious, 100% Vegan + Gluten Free Recipes to Improve Your Health, Lose Weight, and Feel Amazing (Gluten Free Diet Cookbook, Gluten Intolerance Book 3)  
Gluten Free Recipes: 39 Gluten Free Recipes With Rice, Polenta, Beans And Quinoa Plus Delicious Vegetable Side Dishes To Complete Your Gluten Free Meal-Discover ... Gluten Free Recipes On a Budget Book 6)  
Gluten Free: Gluten Free Quick-start Guide To Living A Gluten-Free and Wheat-Free Diet (Over 100 Gluten-Free Recipes) The Gluten-Free Diet Cookbook: 101 Delicious Wheat-Free Recipes Inspired by the Mediterranean Diet (Gluten-free, Gluten-free Cooking)  
Crockpot Recipes: 30 Delicious, Dairy & Gluten Free, Low Carb Recipes For Busy People (Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, Gluten Free ... Cooker Recipes, Low Carb Cookbook Book 1)  
GLUTEN FREE COOKBOOK: Gluten Free Slow Cooker Recipes: 50 Gut Friendly Wheat Free Meals That Are Ready When You Are (Gluten Free Diet) (Health Wealth & Happiness Book 57)  
Gluten-Free Crock Pot Recipes: 50 Sensational Set & Forget Slow Cooker

Recipes for a Gluten-Free Diet (Gluten-Free Made Easy) (Volume 2) The Healthy Gluten-Free Life: 200 Delicious Gluten-Free, Dairy-Free, Soy-Free and Egg-Free Recipes! Everyday Recipes Box Set (6 in 1): Over 100 Recipes for Breakfast, Lunch, and Dinner to Try Every Day (Every Day Recipes & Dump Dinner) The Dairy-Free and Gluten-Free Kitchen: 150 Delicious Dishes for Every Meal, Every Day My Grain & Brain Gluten-Free Slow Cooker Cookbook: 101 Gluten-free Slow Cooker Recipes to Boost Brain Power & Lose Belly Fat - A Grain-free, Low Sugar, Low Carb and Wheat-Free Slow Cooker Cookbook WHEAT BELLY DIET FOR BEGINNERS: Grain-Free, Wheat-Free, Gluten-Free Cookbooks and Recipes For Weight Loss Plans and Solutions Included! (Wheat Free Grain Free Gluten Free Weight Loss Diet Book 1) Superfood Paleo Smoothies: 101 Delicious Vegan, Gluten-Free, Fat Burning Smoothie Recipes for Vibrant Health and Easy Weight Loss (Gluten Free Cookbook Collection 3) The KetoDiet Cookbook: More Than 150 Delicious Low-Carb, High-Fat Recipes for Maximum Weight Loss and Improved Health -- Grain-Free, Sugar-Free, Starch-Free ... Paleo, Primal, or Ketogenic Lifestyle Gluten Free Cookbook for Busy People on a Budget: 50 Delicious 30-Minutes-or-Less Recipes for Weight Loss, Energy & Optimum Health (Nutritious Gluten-Free Recipes for Healthier Living series 1) GLUTEN FREE BREAD RECIPES: Easy and Delicious Homemade Gluten Free Bread Recipes 21 DAY FIX: 30 Top 21 DAY FIX RECIPES with complete container count PREP IN 15 MIN OR LESS (21 day fix recipes, 21 day fix cookbook, 21 day fix book) Free Cookbooks: Box Set: The Complete Healthy And Delicious Recipes Cookbook Box Set(30+ Free Books Included!) (Free Cookbooks, Free, Cookbooks, Recipes, Easy, Quick, Cooking,)

[Dmca](#)